

NUS-Priority Research In Medical Education

NUS - PRIME

Reflecting on Medical Humanities Education and the Practice Amid the Pandemic -- A Q-Methodology Approach

Medical humanities, gradually integrated into Taiwan's medical education, aim to promote holistic care. This study used focus groups and Q-methodology to explore medical learners' views during the COVID-19 pandemic. Themes included curriculum experience, clinical application, and pandemic impact. Q-sorting of 80 participants revealed diverse perspectives shaped by clinical exposure. Senior learners valued empathy and communication more deeply. Findings highlight the evolving role of medical humanities and the need for adaptive, reflective education in both academic and clinical contexts, especially during healthcare crises.



Dr. Chang-Chyi JENG

Department of Nephrology, Linkou Chang Gung Memorial Hospital;
Department of Medical Humanities and Social Sciences,
Chang Gung University College of Medicine,
Chang Gung Medical Education Research Centre, Taiwan

4 AUGUST 2025

Monday | 12:30 - 01:30 PM (SG Time)

Join Us Online!



Registration closes on **31 July 2025**
Register here or scan the QR code



A Randomized Controlled Study of the Effects of Daily Mindfulness Meditation in Singaporean Medical Students

This is a single centre randomised controlled trial examining the impact of a two-week daily mindfulness meditation intervention among Singaporean medical students. The results demonstrate a statistically significant improvement in mood, self-efficacy, and empathy in the intervention group compared to controls. This is the first randomised controlled trial investigating the effects of meditation on Singaporean medical students, highlighting the potential for mindfulness meditation to help medical trainees cope with the considerable stresses of their education and future profession.

Dr Philip Francis STANLEY

Department of Ophthalmology and Visual Sciences,
Khoo Teck Puat Hospital, Singapore